

Lake Illawarra Little Athletics Assoc. Inc.

October Carnival



Where: Myimbarr Community Park (Wattle Road, Flinders)

When: Sunday 9th October 2016

Time: Carnival Starts 9:00am (Late Entries Taken From 8:00am and throughout the Day).

Entry Fee: U/6 to OPENS: \$4-00 Per Event (or 6 Events per athlete \$20.00) **Tiny Tots:** \$10.00 per athlete (All Tiny Tots Receive an Award)

Late Entry Fee: (U/6 to OPENS): \$7-00 Per Event (or 6 Events per athlete \$35.00) **Tiny Tots:** \$15.00 per athlete

Awards: Medals for 1st, 2nd and 3rd Placing's In All Events, Participation Ribbons for all other athletes

Pre Carnival Entry Closing Date: Postal and Email entries close Friday 7th October 2016.

All track event medals given on times. No finals will be run. In keeping with the spirit of the day **NO PROTESTS** will be considered.

There is no limit to number of events an athlete can enter. Events may be combined were insufficient entries are received,

Block will be supplied by Lake Illawarra Little Athletics Centre

Athletes may go up an Age Group to compete in an event **not** available in their own Age Group **as long as specifications (eg Weights) do not differ.**

Tiny Tots	70m	100m	200m pack start	Long Jump	Shot Put	Discus			
Under 6	70m	100m	200m	300m	Long Jump	Shot Put	Discus		
Under 7	70m	100m	200m	500m	Long Jump	Shot Put	Discus		
Under 8	60m/h	100m	200m	700m	Long Jump	Shot Put	Discus		
Under 9	60m/h	100m	200m	800m	High Jump	Shot Put	Discus		
Under 10	60m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	
Under 11	60m/h	100m	200m	800m	High Jump	Triple Jump	Shot Put	Discus	Javelin
Under 12	60m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Under 13	80m/h	100m	200m	800m	Triple Jump	High Jump	Shot Put	Discus	Javelin
Under 14	80-90m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Under 15	90-100m/h	100m	200m	800m	Triple Jump	High Jump	Shot Put	Discus	Javelin
Under 17	100-110m/h	100m	200m	400m	1500m	Long Jump	Shot Put	Discus	Javelin
Opens	60m*	100m	200m	800m	Triple Jump	High Jump	Shot Put	Discus	Javelin

Under 17's are able to compete in the Opens High Jump and Triple Jump, Open 60m is opened to all registered LANSW and ANSW athletes regardless of age, all other opens events are opened to athletes registered with Athletics Australia only.

Enquiries: Phone Kevin McGarry 0417 048 148 or **E-mail** lilac_carnivals@outlook.com.au

Mail Entries To: LILAC October Carnival Entries
PO Box 251, WARILLA NSW 2528

Postal entries to be paid by cheque or money order only (please don't send any cash) Cheques to be made out the Lake Illawarra Little Athletic Centre

Direct Deposit Details **BSB:** 633-000 **Account Number:** 150649630 **Account Name:** Lake Illawarra Little Athletics Association

INC Reference: Athlete Name and Number. Email receipt and entry to lilac_carnivals@outlook.com.au

ATHLETES NAME:_____ REGISTRATION NUMBER_____

CENTRE:_____ CENTRE NUMBER_____

AGE GROUP_____

BOYS/GIRLS_____

EVENT 1:_____

EVENT 2:_____

EVENT 3:_____

EVENT 4:_____

EVENT 5:_____

EVENT 6:_____

EVENT 7:_____

EVENT 8:_____

EVENT 9:_____

EVENT 10:_____

EVENT 11:_____

EVENT 12:_____

ATHLETES NAME:_____ REGISTRATION NUMBER_____

CENTRE:_____ CENTRE NUMBER_____

AGE GROUP_____

BOYS/GIRLS_____

EVENT 1:_____

EVENT 2:_____

EVENT 3:_____

EVENT 4:_____

EVENT 5:_____

EVENT 6:_____

EVENT 7:_____

EVENT 8:_____

EVENT 9:_____

EVENT 10:_____

EVENT 11:_____

EVENT 12:_____

ATHLETES NAME:_____ REGISTRATION NUMBER_____

CENTRE:_____ CENTRE NUMBER_____

AGE GROUP_____

BOYS/GIRLS_____

EVENT 1:_____

EVENT 2:_____

EVENT 3:_____

EVENT 4:_____

EVENT 5:_____

EVENT 6:_____

EVENT 7:_____

EVENT 8:_____

EVENT 9:_____

EVENT 10:_____

EVENT 11:_____

EVENT 12:_____

Contact Name:_____ Contact Number:_____

Email Address:_____